

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2022

(CCSS)

Applied Psychology

PSY 4E 05—LIFE SKILLS—TRAINING AND APPLICATION

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two essay questions.**Each question carries 15 marks.*

1. Examine the effectiveness of life skills training for managing stress and time.
2. Define examination anxiety. Discuss its causes, symptoms and management.
3. Examine the role of life skills for environmental protection and sustainable development.

(2 × 15 = 30 marks)

Part B*Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. Importance of life skills training in organisational setting.
5. Discuss the effectiveness of life skills training in preventing substance abuse.
6. Role of life skills training in career planning.
7. The role of life skills for women empowerment.
8. Life skills for understanding and respecting all cultures.
9. Role of life skills for national integration.
10. What are the challenges to social harmony ?
11. WHO's concept of life skills ?

(6 × 5 = 30 marks)

Part C

Explain any ten terms in not less than 50 words.

Each question carries 2 marks.

12. Time management.
13. Healthy life styles.
14. Study Habits.
15. Global warming.
16. Green house effect.
17. Deforestation.
18. Soil erosion.
19. Ecosystem.
20. Media literacy.
21. Cultural values.
22. Secularism.
23. Assertiveness.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2022

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Applied Psychology

PSY 4E 04—AUTISM SPECTRUM DISORDERS—A CLINICAL AND COGNITIVE
PERSPECTIVE

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two questions in not less than 600 words.**Each question carries 15 marks.*

1. Briefly explain the causes of autism spectrum disorder.
2. Briefly explain the clinical picture of autism spectrum disorder.
3. Discuss behaviour based intervention programme in autism.

(2 × 15 = 30 marks)

Part B*Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. DSM 5 classification.
5. Theory of mind hypothesis.
6. Social orientation deficit hypothesis.
7. Culture and autism.
8. Basic concepts in autism research.
9. Non-verbal communication.
10. Weak-central coherence hypothesis.
11. Executive dysfunction hypothesis.

(6 × 5 = 30 marks)

Turn over

Part C

Explain any ten terms in not less than 50 words.

Each question carries 2 marks.

12. Autism phenotype.
13. Global holistic vs. focused detailed.
14. Pretend play.
15. Mind blindness.
16. Systematizing - empathizing.
17. Discrete trial.
18. Initial description.
19. Gestures.
20. Language of the eyes.
21. Social skills.
22. False beliefs.
23. Joint attention.

(10 × 2 = 20 marks)

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PSY 4E 01—HUMAN RESOURCE PLANNING AND DEVELOPMENT

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two essay questions.**Each question carries 15 marks.*

1. Briefly explain the methods for performance appraisal.
2. Discuss different techniques of training.
3. Briefly explain the historical evolution of H.R. Development.

(2 × 15 = 30 marks)

Part B*Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. Interview method.
5. Techniques of recruitment.
6. Steps in job analysis.
7. Man power Planning.
8. Ethics of appraisal.
9. Steps in selection procedure.
10. Integrated H.R. function.
11. Strategic management.

(6 × 5 = 30 marks)

Turn over

Part C

Explain any ten terms in not less than 50 words.

Each answer carries 2 marks.

12. Case studies.
13. Apprenticeship.
14. Job specification.
15. T-Group training.
16. Halo-effect.
17. Management by objective.
18. Reliability.
19. Role playing.
20. Application blank.
21. Training needs.
22. Induction programme.
23. Strategy environment.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2022

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Applied Psychology

PSY 4C 15—CRITICAL PSYCHOLOGY

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two essay questions.**Each question carries 15 marks.*

1. Give a brief introduction to theories of Erich Fromm and Durkheim.
2. Explain ethical concepts in psychology.
3. Define post modernism. Briefly explain post modern theories.

(2 × 15 = 30 marks)

Part B*Answer any six short essay questions.**Each question carries 5 marks.*

4. Components of critical psychology.
5. Rationalism vs. empiricism.
6. Critical evaluation of schools of psychology.
7. Misrepresentations of critical psychology.
8. Discuss how theory and praxis are related.
9. Ontological concern and psychology.
10. Psychology for social justice.
11. Social issues and psychology.

(6 × 5 = 30 marks)

Turn over

Part C

Write short notes on any ten of the following.

Each question carries 2 marks.

12. Disability studies.
13. Discursive psychology.
14. Feminist psychology.
15. Participatory action research.
16. Research methodology.
17. Nature vs. nurture.
18. Main stream psychology.
19. Paradigm shift.
20. Positivism.
21. Mind-body problem.
22. Subjectivity *vs.* objectivity.
23. Theory *vs.* practice.

(10 × 2 = 20 marks)

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PSY 4C 14—COUNSELLING PSYCHOLOGY

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two essay questions.**Each question carries 15 marks.*

1. Define Counselling. What are the stages of counselling ?
2. Discuss the role of Psychoanalytic theory in counselling.
3. Elucidate the effectiveness of cognitive behavioural therapy in counselling.

(2 × 15 = 30 marks)

Part B*Answer any six short essay questions.**Each question carries 5 marks.*

4. Historical and professional foundations of counselling.
5. Goals of counselling.
6. Distinguish between counselling and psychotherapy.
7. Major concepts of reality therapy.
8. Methods of family counselling.
9. Jacobson's progressive muscular relaxation.
10. Problems of beginning counsellors.
11. Person-centred therapy.

(6 × 5 = 30 marks)

Turn over

Part C

*Write short notes on any ten of the following.
Each question carries 2 marks.*

12. Counselling skills.
13. Existential theory.
14. Ethical aspects of counselling.
15. Advanced empathy.
16. Counselling and spirituality.
17. GSPR.
18. Bio-feedback relaxation.
19. Transcendental meditation.
20. Techniques of REBT.
21. Geriatric counselling.
22. Gestalt techniques.
23. Community counselling.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2021

(CCSS)

M.Sc. Applied Psychology

PSY 4E 02—THERAPEUTIC INTERVENTION STRATEGIES—I

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two essay questions.**Each question carries 15 marks.*

1. Explain the theoretical approaches to family therapy.
2. Discuss in detail the client-centered approach to psychotherapy.
3. Give a brief account of the contribution of Freud in the field of psychotherapy.

(2 × 15 = 30 marks)

Part B*Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. The concept of unfinished work.
5. Characteristics of a self actualised person.
6. Modern family and its features.
7. Existential model of anxiety.
8. Empty-chair technique.
9. Characteristics of a resilient family.
10. Gestalt awareness training.
11. Couples counselling and family therapy.

(6 × 5 = 30 marks)

Turn over

Part C

Explain any ten terms in not less than 50 words.

Each question carries 2 marks.

12. Neurosis.
13. Displacement.
14. Sublimation.
15. Existential model of anxiety.
16. Child marriage.
17. Psychoeducation.
18. Extended family.
19. Communication pattern in families.
20. The 'here-and-now' concept.
21. Ontology.
22. Logo therapy.
23. Self-awareness.

(10 × 2 = 20 marks)