

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (REGULAR) EXAMINATION
NOVEMBER 2020**

(CBCSS)

Clinical Psychology

CPY 3E 02—MEDICAL PSYCHOLOGY

(2019 Admissions)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. *In cases where choices are provided, students can attend all questions in each Section / Part.*
2. *The minimum number of questions to be attended from the Section / Part shall remain same.*
3. *There will be an overall ceiling for each Section / Part that is equivalent to maximum weightage of the Section / Part.*

Section A*Write short notes any eight questions.**Each question carries a weightage of 1.*

1. JPMR.
2. Psychoneuroimmunology.
3. Health belief.
4. Rheumatoid arthritis.
5. Quality of life.
6. Burn out.
7. Terminal illness.
8. Flight or fight.
9. Immunity.
10. Stress carriers.
11. GAS.
12. Stressor.

(8 × 1 = 8 weightage)

Section B*Answer any four from the following in a paragraph.**Each question carries a weightage of 3.*

13. Emotional adjustment during hospitalization.
14. Relationship between stress and health.
15. Coping in accident victims.
16. Stages in adjustment to dying.

Turn over

17. Behavioural causes in coping with high mortality illness.
18. Psychophysiological disorders.
19. Coping with terminal illness.

(4 × 3 = 12 weightage)

Section C

*Answer any two from the following.
Each question carries a weightage of 5.*

20. Describe ways of promoting health.
21. Discuss on coping with high mortality illness.
22. Explain patient practitioner relationship and emotional adjustments of patients during hospitalization.
23. Give an account of meditation and stress management techniques.

(2 × 5 = 10 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (REGULAR) EXAMINATION
NOVEMBER 2020**

(CBCSS)

Clinical Psychology

CPY 3E 01—HOLISTIC PSYCHOLOGY

(2019 Admissions)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. *In cases where choices are provided, students can attend all questions in each Section/Part.*
2. *The minimum number of questions to be attended from the Section/Part shall remain same.*
3. *There will be an overall ceiling for each Section/Part that is equivalent to maximum weightage of the Section/Part.*

Section A

*Write short notes any eight questions.
Each carries a weightage of 1.*

1. Reiki.
2. Patanjali Yoga.
3. Holistic psychology.
4. Pranic healing.
5. Chakra.
6. Pranayama.
7. Pratyahara.
8. Zen.
9. Nadishodhana.
10. Sufi.
11. Transcendental consciousness.
12. Nirvana.

(8 × 1 = 8 weightage)

Turn over

Section B

Answer any four from the following in a paragraph.

Each question carries 3 weightage.

13. East-west approach in holistic clinical psychology.
14. Aim and limitation of Western psychotherapies.
15. Classification of Patanjali yoga.
16. Levels of consciousness in theory and practice.
17. Yoga breathing for relaxation.
18. Yoga theory of personality.
19. Notion of holistic clinical psychology from phenomenological perspective.

(4 × 3 = 12 weightage)

Section C

Answer any two from the following.

Each question carries 5 weightage.

20. Give an account of clinical psychology as applied to people within Indian cultural psychology.
21. What is the aim of Patanjali yoga and explain the steps in Patanjali yoga.
22. Discuss the Indian approach in holistic clinical psychology.
23. Explain how Yoga meditation can be used for therapeutic purpose.

(2 × 5 = 10 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (REGULAR)
EXAMINATION, NOVEMBER 2020****(CBCSS)****Clinical Psychology****CPY 3C 14—PSYCHOPATHOLOGY****(2019 Admissions)****Time : Three Hours****Maximum : 30 Weightage****General Instructions**

1. *In cases where choices are provided, students can attend all questions in each Section/Part.*
2. *The minimum number of questions to be attended from the Section/Part shall remain same.*
3. *There will be an overall ceiling for each Section/Part that is equivalent to maximum weightage of the Section/Part.*

Part A (Short Answer Questions)*Answer any eight questions.**Each question carries 1 weightage.*

1. Flight of ideas.
2. Receptive and expressive aphasia.
3. Body image distortions.
4. Psychogenic amnesia.
5. Hallucinatory syndromes.
6. Mutism.
7. Perseveration.
8. Secondary delusions.
9. Thought blocking.
10. Theory of mind.
11. Munchausen syndrome.
12. Stammering and stuttering.

(8 × 1 = 8 weightage)**Turn over**

Part B (Short Essays)

Answer any four questions.

Each question carries 3 weightage.

13. Examine the characteristics of the form of thinking.
14. Differentiate psychogenic from organic amnesia.
15. Describe the disorders of adaptive movements.
16. Outline the major distortions of memory.
17. Discuss the abnormal experiences of emotions.
18. Examine the nature of morbid disorders of emotions.
19. Describe the disorders of posture.

(4 × 3 = 12 weightage)

Part C (Essay Type Questions)

Answer any two questions.

Each question carries 5 weightage.

20. Narrate the clinical features of disorders of perception.
21. Elucidate the different kinds of emotional disorders.
22. Examine the chief disorders of consciousness.
23. Examine the nature of motor speech disturbances in mental disorders.

(2 × 5 = 10 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (REGULAR) EXAMINATION
NOVEMBER 2020**

(CBCSS)

Clinical Psychology

CPY 3C 13—PSYCHOTHERAPEUTICS—II

(2019 Admissions)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. *In cases where choices are provided, students can attend all questions in each Section/Part.*
2. *The minimum number of questions to be attended from the Section/Part shall remain same.*
3. *There will be an overall ceiling for each Section/Part that is equivalent to maximum weightage of the Section/Part.*

Part A (Short Answer Questions)

Answer any eight questions.

Each question carries a weightage of 1.

1. Flooding.
2. Token economy.
3. Aversion therapy.
4. Positive and negative reinforcement.
5. Social skills training.
6. Dialectical behaviour therapy.
7. Extinction.
8. Meditation.
9. Covert desensitization.
10. Empathy.
11. Crisis intervention.
12. Contingency management.

(8 × 1 = 8 weightage)

Turn over

Part B (Short Essays)

Answer any four questions.

Each question carries a weightage of 3.

13. Examine the chief principles of classical conditioning.
14. Describe the principle of extinction.
15. Discuss the importance of contingency management.
16. Examine the application of punishment technique in clinical settings.
17. Discuss the technique involved in Jacobson's progressive muscle relaxation.
18. What is token economy? Discuss its applications.
19. What are the principles of assertiveness training?

(4 × 3 = 12 weightage)

Part C (Essay Type Questions)

Answer any two questions.

Each question carries a weightage of 5.

20. Examine how effectively the technique of marital therapy can be applied in clinical settings.
21. What are the applications of flooding and response prevention?
22. Outline the application of principles of operant conditioning in modified childhood adaptive skills.
23. How can we use exposure therapy in the treatment of anxiety disorders?

(2 × 5 = 10 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (REGULAR) EXAMINATION
NOVEMBER 2020****(CBCSS)****Clinical Psychology****CPY 3C 12—COUNSELLING PSYCHOLOGY****(2019 Admissions)****Time : Three Hours****Maximum : 30 Weightage****General Instructions**

1. *In cases where choices are provided, students can attend all questions in each Section / Part.*
2. *The minimum number of questions to be attended from the Section / Part shall remain same.*
3. *There will be an overall ceiling for each Section / Part that is equivalent to maximum weightage of the Section / Part.*

Part A (Short Answers)**Answer any eight questions.****Weightage 1.**

1. Congruence.
2. Counselling relationship.
3. Community counselling.
4. Role play.
5. Marriage counseling.
6. Process of counselling.
7. Professional issues in counselling.
8. GSPR.
9. Counseling the aged.
10. Eclectic approach in counselling.
11. Interpretation.
12. Meditation.

(8 × 1 = 8 weightage)

Part B (Short essays)

Answer any four questions.

Weightage 3.

13. Characteristics of an effective counseling relationship.
14. Initial skills and procedures in counseling.
15. Cognitive approach in counseling.
16. Disability and community counselling.
17. Procedures of group counselling.
18. Role of relaxation in counselling.
19. Career counselling.

(4 × 3 = 12 weightage)

Part C (Essays)

Answer any two questions.

Weightage 5.

20. Define counseling and related field. Explain the goals and process of counselling.
21. Elucidate the professional issues, ethical and legal aspects of counselling.
22. Explain the advanced procedures and skills in counselling.
23. Explain the nature of counseling in diverse populations.

(2 × 5 = 10 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (SUPPLEMENTARY)
EXAMINATION, NOVEMBER 2020**

(CUCSS)

Clinical Psychology

CP 3E 01—THE COUNSELLING PSYCHOLOGY

(2012 Admissions)

Time : Three Hours

Maximum : 36 Weightage

Section A

Answer all questions.

Each question carries 1 weightage.

1. Paraphrasing.
2. Accurate empathy.
3. Guidance.
4. Goal setting.
5. Dichotomous thinking.
6. Arbitrary inferences.
7. Positive and negative punishment.
8. Extinction.
9. Pre-self consciousness.
10. School counselling.
11. Congruence.
12. Eustress and distress.
13. Confrontation.
14. Social skills training.

(14 × 1 = 14 weightage)

Section B

Answer any seven questions.

Each question carries 2 weightage.

15. Purpose and goals of counselling.
16. Effective counselling skills.
17. Methods of existential counselling.
18. Concept and benefits of eclectic counselling.
19. Stages of group counselling.
20. Therapeutic process of person centered counselling.
21. Distinction between guidance and counselling.
22. Legal and ethical issues in group counselling.
23. Computer assisted career counselling.
24. Types of family counselling.

(7 × 2 = 14 weightage)

Section C

Answer any two questions.

Each question carries 4 weightage.

25. Elucidate the historical development of counselling psychology ?
26. Define counselling and describe the stages of counselling process ?
27. Briefly describe the therapeutic techniques used in behavioural counselling ?
28. Explain the common psychological tests used in career counselling ?

(2 × 4 = 8 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (SUPPLEMENTARY)
EXAMINATION, NOVEMBER 2020**

(CUCSS)

Clinical Psychology

CP 3C 03—PSYCHOPATHOLOGY

(2012 Admissions)

Time : Three Hours

Maximum : 36 Weightage

Section A

Answer all questions.

Each question carries 1 weightage.

1. Hyperaesthesia.
2. Fantastic illusions.
3. Hypnagogic hallucination.
4. Phantom mirror image.
5. Retardation of thought.
6. Thought alienation.
7. Delusions of love.
8. Neologism.
9. Hysterical amnesia.
10. Emotional resonance.
11. Abnormal induced movements.
12. Echolalia.
13. Manneristic postures.
14. Flow of speech.

(14 × 1 = 14 weightage)

Section B

*Answer any **seven** questions.*

Each question carries 2 weightage.

15. Factors affecting sensory distortions.
16. Disorders of the experience of time.
17. Speech disorders.
18. Disorders of the stream of thought.
19. Classification of emotional disorders.
20. Disorders of recall.
21. Disturbances of the boundaries of self.
22. Motor speech disturbances in mental disorders.
23. Disorders of posture.
24. Adaptive and non-adaptive movements.

(7 × 2 = 14 weightage)

Section C

*Answer any **two** questions.*

Each question carries 4 weightage.

25. What is meant by sensory deception ? Discuss the causes and types of hallucination.
26. Discuss how primary and secondary delusions lead to the disorders of the content of thinking.
27. Define amnesia and discuss the types and role of amnesia in disorders of memory.
28. Define consciousness and elucidate the disorders of consciousness.

(2 × 4 = 8 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (SUPPLEMENTARY)
EXAMINATION, NOVEMBER 2020****(CUCSS)****Clinical Psychology****CP 3C 02—PSYCHOTHERAPEUTICS—II****(2012 Admissions)****Time : Three Hours****Maximum : 36 Weightage****Section A***Answer all questions.**Each question carries 1 weightage.*

1. Vicarious conditioning.
2. Positive and negative punishment.
3. Response prevention.
4. Conditioned response.
5. Chemical and verbal aversion.
6. Contingency management.
7. Meditation.
8. Selective abstraction.
9. Dichotomous thinking.
10. Crisis intervention.
11. Labelling and mislabeling.
12. Delayed conditioning.
13. Applied behavior analysis.
14. In vivo exposure.

(14 × 1 = 14 weightage)**Section B***Answer any seven questions.**Each question carries 2 weightage.*

15. Classical conditioning.
16. Applications of flooding and implosion.

Turn over

17. Schedules of reinforcement.
18. Procedure of social skills training.
19. Assertiveness training process.
20. Breathing exercise as relaxation technique.
21. Biofeedback techniques.
22. Significance of clinical assessment.
23. Marital therapy techniques.
24. Ethical issues in psychotherapy.

(7 × 2 = 14 weightage)

Section C

*Answer any two questions.
Each question carries 4 weightage.*

25. Define behavior modification and discuss the procedure and applications of systematic desensitization.
26. Describe the steps and effectiveness of token economy programme.
27. Elucidate the procedure and applications of JPMR.
28. Explain the key concepts and process of cognitive therapy.

(2 × 4 = 8 weightage)

**THIRD SEMESTER M.A./M.Sc./M.Com. DEGREE (SUPPLEMENTARY)
EXAMINATION, NOVEMBER 2020**

(CUCSS)

Clinical Psychology

**CP 3C 01—A COMBINED INDIAN AND WESTERN APPROACH IN HOLISTIC
CLINICAL PSYCHOLOGY**

(2012 Admissions)

Time : Three Hours

Maximum : 36 Weightage

Section A

Answer all questions.

Each question carries 1 weightage.

1. Breathing exercise.
2. Kundalini yoga.
3. Sufi meditation.
4. Rajasika personality.
5. Hierarchy of needs.
6. Ideal self.
7. Humanism.
8. Psychotherapy.
9. Existential analysis.
10. Relaxation training.
11. Raja yoga.
12. Levels of consciousness in yoga
13. Holistic clinical psychology.
14. Empathy.

(14 × 1 = 14 weightage)

Turn over

Section B

Answer any seven questions.

Each question carries 2 weightage.

15. Yoga theory of psychopathology.
16. Steps in Patanjali yoga.
17. Limitations of yoga.
18. Eastern approach to holistic clinical psychology.
19. Aim of Western psychotherapies.
20. Phenomenological perspectives on holistic clinical psychology.
21. Yoga meditation for deeper insight.
22. Therapeutic applications of yoga breathing.
23. Western approach to holistic clinical psychology.
24. Pranic healing as an Eastern therapeutic approach.

(7 × 2 = 14 weightage)

Section C

Answer any two questions.

Each question carries 4 weightage.

25. Describe the notions of holistic clinical psychology from an existential perspective ?
26. Discuss the rationale, purpose and factors contributing to a combined East-West approach in clinical psychology ?
27. Define and describe the general types and limitations of yoga?
28. Elucidate the Indian cultural values and therapeutic approaches in clinical psychology.

(2 × 4 = 8 weightage)